



Join us for our 10th Anniversary Celebration!
Saturday, April 25, 11:30 am – 3:00 pm
221 E. Center Dr., Alton

- Free yoga class – 10:30-11:30 am
- Tai chi demo – 12:00-12:15 pm
- “Caring for your skin type” – 1:00-1:15 pm
- “Massage is not a luxury item” – 2:00-2:15 pm
- Free yoga class – 3:00-4:00 pm

Light refreshments

Discount certificates:

- \$5 off 60-minute massages or \$10 off 90-minute massage with Daniel or Dani
- \$45 for 5 yoga classes (save \$5)
- 10% off same-day skin care with Kendelle
- 10% off retail items